**Wellness Committee Minutes**

**October 30, 2019**

**3:20 p.m. – 4:00 p.m.**

**Elementary Conference Room**

**Attendees**: Scott Rodeheffer, Erin Poeppelman, Julie Goldschmidt, Shelly Barhorst, Dana Rose, McKenna Mannier

**Absent:** Donna Grisez, Kathy Cavinder, Jason Shatto (bus route)

**Discussion:**

1. Cafeteria Update:
   1. Cafeteria was reviewed on May 1st and passed all inspections.
   2. Microwaves in cafeteria
      1. Shelly Barhorst continues to clean the microwaves each week during her lunch.
2. Physical education:
   1. Jeron Hennon, the new physical education teacher, will be invited to the next meeting.
3. Playground Updates
   1. Paintings
      1. The Wellness Committee will follow up with the Art Club to set up a time to repaint the playground.
   2. Poured in Place Rubber Surfacing
      1. This project is a go. The school has secured a majority of the funds. Scott Rodeheffer will be meeting with a company and are potentially going together with Russia and Marion Local Schools to receive a bigger discount.
      2. A possible summer of 2020 job.
4. Health Challenges
   1. Julie will talk to Ryan Goldschmidt about the possibility of having a teacher weight loss challenge for both buildings that would begin in January. Prizes would be awarded to winners.
5. Snacks for High School
   1. The snack bar added some healthier options, Cliff Bars and Body Armor drinks. She attempted to sell fruit, but no one purchased any.

1. 5K Color Run
   1. Will be held November 16, 2019 at Tawawa Park in Sidney. $5.00 entry.
   2. The Leadership Class will be hosting the event and all proceeds will be donated towards the Brain and Behavior Research Foundation.
2. Salad bar/Smoothie machines were mentioned for staff and students.
   1. Tabled at this time
   2. A student committee member suggested fresh vegetables and more fresh fruit be served for lunch.
   3. Another student committee member is going to discuss the idea of having a garden raised by the FFA group at the high school with Mr. Pleiman.

Adjourn: 4:00 p.m.